Tapestry of Faith

Weaving the Fabric of Our Faith

A new era of curricula for all ages that nurtures...



Spiritual Growth

ATransforming Faith

Vital Communities of Justice & Love

Tapestry curricula are all available free online!

Emphasizes Community, Interdependence, and Relationship

What's New about Tapestry? Consistently uses anti-racist anti-oppressive multi-cultural lenses

Draws from all six UU Sources

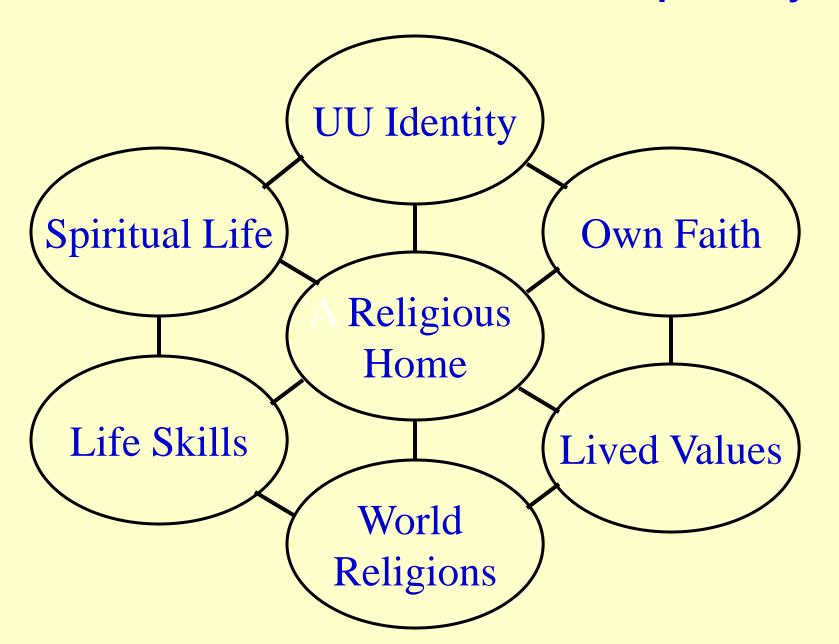


Intentional about faith development

Intentional about UU growth

Adaptable for diverse methodologies

What UUs want from Tapestry



Tapestry of Faith is focused on outcomes including..



Spiritual

Growth

Ethical Development

Faith Development

Universalist Heritage: love, faith, hope

Unitarian Heritage: freedom, reason, tolerance



Principles and Sources

Grounded in religious community

Living our values and Principles

Moral agency:
making the world
a better place

Right relationship

Good citizens of wider communities

Good stewards of religious community

Good stewards of the earth

Feelings of wonder, awe, mystery, holy

Connection to God, ultimate, transcendence

Sense of being part of something larger

Spiritual mindfulness, spiritual practices

Worship, rituals, sacred texts

Making meaning and finding purpose

Acting on values, reflecting on action

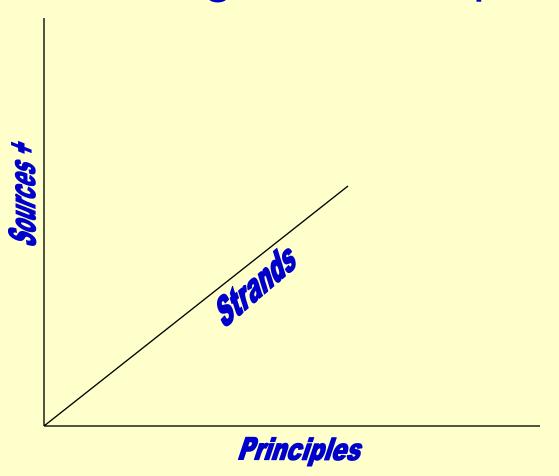
Addressing the Big Religious Questions

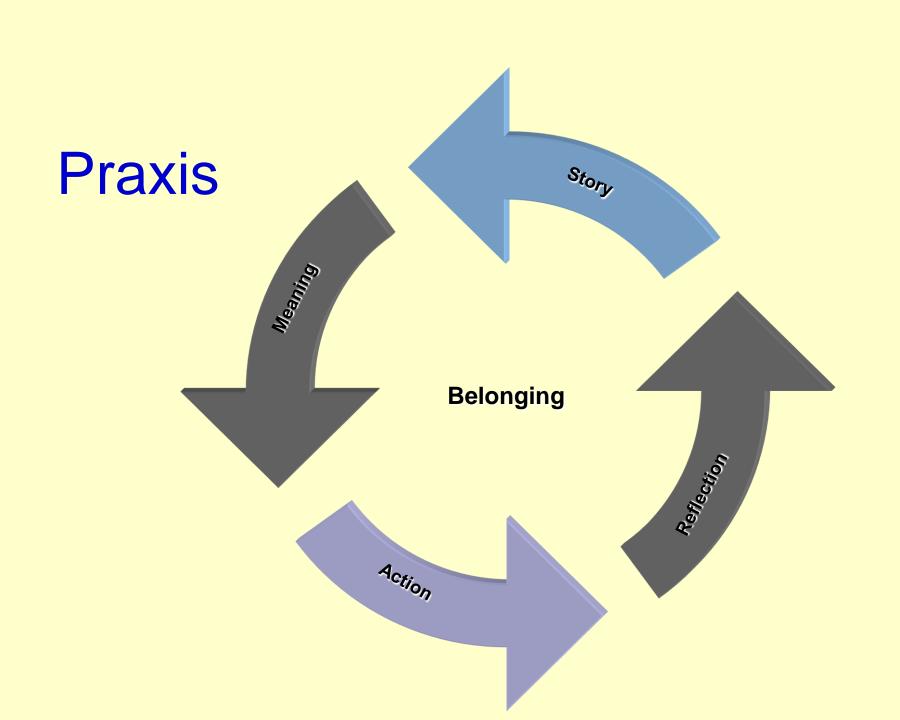
Faith Development: **Growing in Faith Together** Exploring, articulating one's theology, philosophy, beliefs

Knowing what I set my heart to

Finding a sustaining faith in UUism

Our Stories: From our Sources, affirming our Principles





know that they are lovable beings in the service of life

accept that they are responsible for a community of faith

affirm that they are part of a Unitarian Universalist religious heritage

realize that they are moral agents, acting in the service of diversity, justice and compassion

affirm the importance of family, community, connection

value spiritual practice and living faith

experience hope, joy, mystery, healing, and personal transformation in the midst of life's challenges.

Children The Wonder Years

An integrated curriculum for grades K-6 that will bring in families, and keep kids coming

Tapestry of Faith offers our children programs that hold them in love, ignite their passion for justice, and satisfy their need to know more deeply the diversity and wholeness of our Unitarian **Universalist faith**

To learn with their minds, hearts and hands

To engage in integrated experiences that are anchored by soul-stirring narratives

To learn faith by doing faith

To be empowered as knowers, practitioners, and creators of Unitarian Universalism

To know the transformative power of justice and love

Central narratives or core stories

Activities that engage children in active, meaningful learning



Faith in Action activities for children and multi-age groups

Enrichment materials for teachers

Follow up and outreach activities for families

Flexibility for different sizes and models of religious education

Children's Program: A Snapshot Toolbox of Faith: Grades 4 - 5



Unpacks symbolic tools of our faith that shape a UU identity and personal call to action for children. 16 sessions

Author: Kate Tweedie Covey

Toolbox of Faith Sessions

Duct tape symbolizes flexibility

Hammer symbolizes power

Seashell symbolizes listening

and 13 other sessions on Faith, Questioning, Humor, and more...



Toolbox of Faith: Sample Activities

- Expression through Music
- Heaven and Hell Game
- Kore Chant
- Clown Painting
- Tambourine Making
 - ... and many more

Toolbox of Faith: Sample Stories

- Answer Mountain
- Creation
- Fire, Water, Truth, and Falsehood
- Stargazer who Discovered a Comet
 - ... and many more

Toolbox of Faith: Sample Faith in Actions

- Integrity Bulletin Board
- Candlelight Vigil
- Oral History
- Congregational Stewardship
 ... and many more

Youth Program: A Snapshot Families



For Jr. or Sr. High
Explores the functions of families, and includes a multigenerational photo-documentary project. 12 workshops

Authors: Helen Bishop, Susan Grider, Tracey Hurd

Families

Our Families

Methods of Gathering Narratives

And Texts

Claiming a Point of View





and 9 other sessions on Families Functions, Stories, Celebrations, and more...

Activities from Families

- Family Continuum
- Creating a Group Covenant
- Writing Family Prayers
- Families, Emotions, and Change
- Media Awareness
- Photography as Interaction
 - ... and many more

Families: Sample Faith in Actions

- Absent Loved Ones
- Honoring the Work of Families
- Weight Discrimination
- Identity in a Changing World
 ... and many more

Adult Program: A Snapshot Spirit in Practice



Multiple paths to spiritual growth from meditation to social justice.

10 workshops

Author: Erik Walker Wikstrom

Spirit in Practice Workshops

Personal spiritual practices
Communal worship practices
Spirituality and the mind
Spirituality and the body
Spirituality and social justice



and 5 other workshops toward a rich and meaningful Unitarian Universalist spirituality

Spirit in Practice: Sample Stories

- The Wandering Teacher
- Siddhartha's Awakening
- Mind Meets Body
- The Wise Fool

... and many more

Spirit in Practice: Sample Activities

- Naming Our Experiences
- Discussion with the Minister
- The Mind and the Religious Journey
- Justice Work as Spiritual Practice
 . . . and many more

What does Tapestry look like online?

Leader Reflection and Planning



RELIGIOUS EDUCATION



VISITORS

> Children

> Youth

> Young Adults

> Adults

> Families

> Teachers

> Religious Educators

> Resources

> Curricula

> Tapestry of Faith

> Creating Home Beta

Home > Religious Education > Curricula > Tapestry of Fail Creating Home Beta Test > Session 9 > Leader Reflection Planning

to help teachers reflect and get perspective on the curriculum experience

Each session or

workshop gives useful

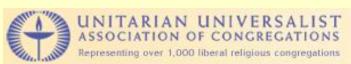
questions and ideas

Leader Reflection and Planning

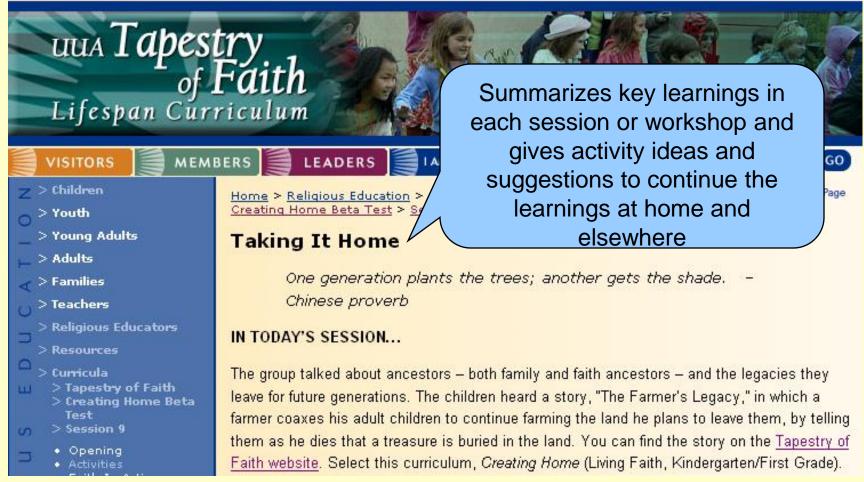
This session has the potential to cover quite a bit of Unitarian Universalist history. Some children will be interested, some not. Do you feel you did a good job of tracking the group's interest level and adjusting as needed?

How did the children react to the rituals around the altar? If they liked the altar and you are able to keep it intact in your meeting space, you may find ways to use it again in later sessions.

Taking It Home



RELIGIOUS EDUCATION



Activities



EMBERS

RELIGIOUS EDUCATION



I AM INTER

Easy Access to all activities within a session or workshop – You pick and choose!

eligious Educators

- Resources
- > Curricula
 - > Tapestry of Faith
 - > Toolbox of Faith Field
- > Session 1
 - Activities
 - Activity 1
 - Activity 2

Home > Religious Education > Curricula Toolbox of Faith Field Test > Session :

LEADERS

Activity 4: Toolbox Of Covenant (15 minut

Materials for Activity

Step by Step hands-on activity instructions, meeting various learning styles and accessibility needs of students.

Print this Page

GO

- Newsprint, markers, and tape
- Markers, glitter pens, or other media for writing and decorating the covenant
- Large sheet of poster board, for Toolbox of Our Faith poster.
- A separate sheet of poster board, for group covenant
- Optional: Paper strips to add items to the covenant, and pencils or pens
- Hardware store ads for cutting out pictures of tools, toolboxes, tool belts, etc. to decorate the poster

Stories



RELIGIOUS EDUCATION

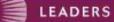


Find the core story for every session or workshop conveniently from the "List of Stories" page

GO

VISITORS

MEMBERS





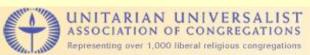
- > Children
- > Youth
- > Young Adults
- > Adults
- > Families
- > Teachers
- > Religious Educators
- > Resources
- > Curricula
- > Tapestry of Faith
 - Spirit in Practice Beta Test
 - . About the Authors
 - · Acknowledgments

Home > Religious Education > Incula > Tapestry of Faith
Spirit in Practice Beta Test > 1st of Stories

List of Stories: Spirit in Practice Beta Test

- Workshop 1, The Wandering Teacher
- Workshop 2, Pablo Casals
- Workshop 3, She'd Had Enough
- Workshop 4, The Shape of the Spirit
- Workshop 5, The Mystic and the Scientist
- Workshop 6, Mind Meets Body
- Workshop 7, A Painter's Creative Process
- Workshop 8, The Wise Fool
- Workshop 9, Siddhartha's Awakening
- Workshop 10, Understanding the Elephant

Handouts



RELIGIOUS EDUCATION



Find handouts for every session or workshop conveniently from the "List of Handouts" page

The same of the sa

MEMBERS

LEADERS

ory of Faith >

Email to a Friend

Print this Page

- z > Children
- > Youth
- > Young Adults

VISITORS

- > Adults
- > Families
- > Teachers
- > Religious Educators
 - > Resources
- > Curricula
- > Tapestry of Faith
 - > Spirit in Practice Beta Test
 - About the Authors
 - Acknowledgments
 - Preface
 - Introduction
 - · Workshop 1

Home > Religious Education > Curricul Spirit in Practice Beta Test > List of

List of Handouts: Spirit in Practice Beta Test

- Workshop 1, Eight Spheres of Spiritual Growth
- Workshop 1, Spirit in Practice Series Schedule
- Workshop 2, A Unitarian Universalist Prayer Bead Practice
- Workshop 3, Tips for Making Communal Worship a Part of Your Spiritual Regimen
- Workshop 5, Identifying a Mind Practice
- Workshop 5, Stages of Spiritual Growth
- Workshop 8, Eating in Community
- Workshop 8, Sacred Rest
- Workshop 8, Spirituality and Money
- Workshop 9, Twenty-one Thoughts on Peace and Justice
- Workshop 10, Daily, Weekly, Monthly, Yearly

Leader Resources



RELIGIOUS EDUCATION



A variety of resources: content background and special information to further support your teaching

VISITORS

MEMBERS

LEADERS

I AM INTERESTED

> Children

> Youth

> Young Adults

> Adults

> Families

> Teachers

> Religious Educators

N B.

<u>Home > Religious Education > Curricula / Tapestry of Faith > Spirit in Practice Beta Test</u> > List of Leader Resources

Email to a Friend

Print this Page

List of Leader Resources: Spirit in Practice Beta Test

- Workshop 1, A Partial List of Possible Spiritual Practices
- Workshop 2, Breathing Meditation
- Workshop 2, Guided Intercessory Prayer
- Workshop 7, Guided Meditation on Art

Tapestry Staff

Judith A. Frediani, Director Aisha Hauser, Children's Programs Susan Lawrence, Managing Editor Jessica York, Youth Programs Gail Forsyth-Vail, Adult Programs Adrianne Ross, Project Manager Alicia LeBlanc, Administrative Assistant

Tapestry of Faith Online Lifespan Curricula

For more information, contact: religiouseducation@uua.org