Tapestry of Faith

Weaving the Fabric of Our Faith

Tapestry of Faith nurtures . . .

UU identity, spiritual growth, a transforming faith, and vital communities of justice and love,

Tapestry curricula are all available free online!

Emphasizes Community, Interdependence, and Relationship

What's New about Tapestry? Consistently uses anti-racist anti-oppressive multi-cultural lenses

Draws from all six (seven) UU Sources

Family, Teacher and Seeker Friendly

Intentional about faith development

Intentional about UU growth

Adaptable for diverse methodologies

- What's new about Tapestry of Faith?

 Tapestry of Faith is focused on *outcomes* including...
- spiritual development,
- faith development,
- ethical development and
- UU Identity

What's new about Tapestry of Faith?

- Spiritual Preparation
- Faith in Action
- Taking It Home
- Stories

UU Identity Sharing in the Living Tradition Universalist Heritage: Love, faith, hope Unitarian Heritage: Freedom, reason, tolerance Principles and Sources

Ethical Development: Becoming Our Best Selves

- Live our values & Principles
- Moral agency to make the world a better place
- Good stewards
- Good citizens
- Right relationship

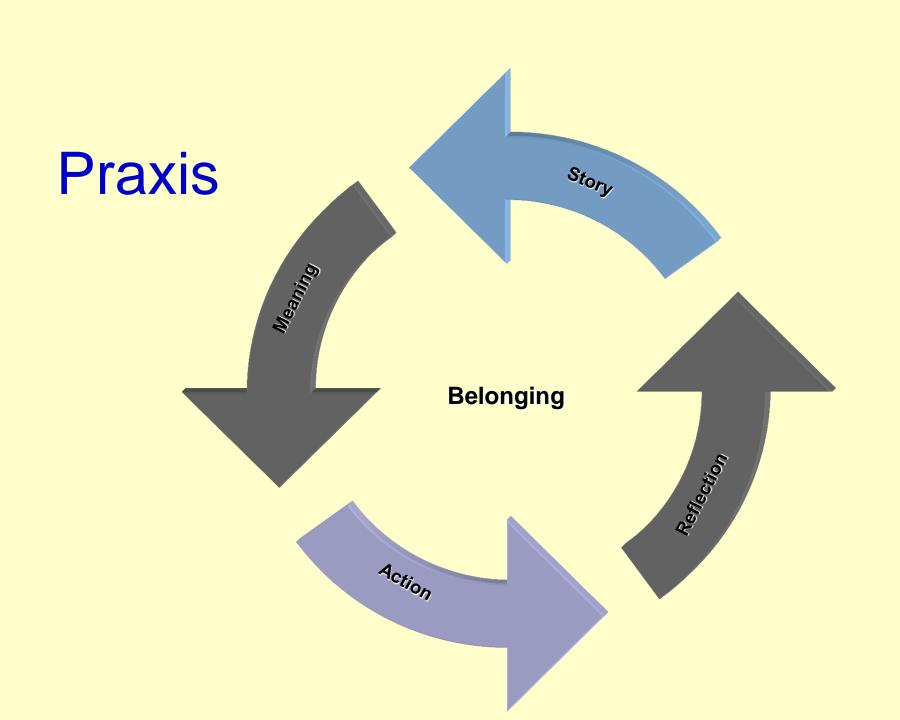
Spiritual Development: The Longing of the Soul

Feelings of wonder, awe, mystery,holy
Connection to God, nature, ultimate,
transcendent

Sense of being part of something larger Spiritual mindfulness, practices Worship, rituals, sacred texts

Faith Development: Growing in Faith Together

- Making meaning & finding purpose
- Acting on values, reflecting on action
- Addressing Big Religious Questions
- Exploring & articulating one's theology, philosophy, beliefs
- Knowing what I set my heart to



know that they are lovable beings in the service of life

accept that they are responsible for a community of faith

affirm that they are part of a Unitarian Universalist religious heritage

realize that they are moral agents, acting in the service of diversity, justice and compassion

affirm the importance of family, community, connection

value spiritual practice and living faith

experience hope, joy, mystery, healing, and personal transformation in the midst of life's challenges.

Toolbox of Faith Sessions

Duct tape symbolizes flexibility

Hammer symbolizes power

Seashell symbolizes listening

and 13 other sessions on Faith, Questioning, Humor, and more...



Toolbox of Faith: Sample Activities

- Expression through Music
- Heaven and Hell Game
- Kore Chant
- Clown Painting
- Tambourine Making
 - ... and many more

Toolbox of Faith: Sample Stories

- Answer Mountain
- Creation
- Fire, Water, Truth, and Falsehood
- Stargazer who Discovered a Comet
 - ... and many more

Toolbox of Faith: Sample Faith in Actions

- Integrity Bulletin Board
- Candlelight Vigil
- Oral History
- Congregational Stewardship
 ... and many more

Youth Program: A Snapshot Families



For Jr. or Sr. High
Explores the functions of families, and includes a multigenerational photo-documentary project. 12 workshops

Authors: Helen Bishop, Susan Grider, Tracey Hurd

Families

Our Families

Methods of Gathering Narratives

And Texts

Claiming a Point of View







and 9 other sessions on Families

Functions, Stories, Celebrations, and more...

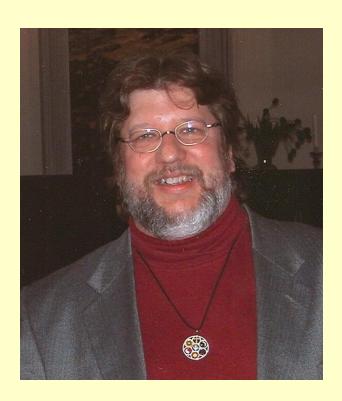
Activities from Families

- Family Continuum
- Creating a Group Covenant
- Writing Family Prayers
- Families, Emotions, and Change
- Media Awareness
- Photography as Interaction
 - ... and many more

Families: Sample Faith in Actions

- Absent Loved Ones
- Honoring the Work of Families
- Weight Discrimination
- Identity in a Changing World
 ... and many more

Adult Program: A Snapshot Spirit in Practice



Multiple paths to spiritual growth from meditation to social justice.

10 workshops

Author: Erik Walker Wikstrom

Spirit in Practice Workshops

Personal spiritual practices
Communal worship practices
Spirituality and the mind
Spirituality and the body
Spirituality and social justice



and 5 other workshops toward a rich and meaningful Unitarian Universalist spirituality

Spirit in Practice: Sample Stories

- The Wandering Teacher
- Siddhartha's Awakening
- Mind Meets Body
- The Wise Fool

... and many more

Spirit in Practice: Sample Activities

- Naming Our Experiences
- Discussion with the Minister
- The Mind and the Religious Journey
- Justice Work as Spiritual Practice
 . . . and many more

Tapestry Staff

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