

One and One is produced by the UUA Ministries and Faith Development Staff Group. In this simple weekly brief, busy Unitarian Universalist Professionals will find one exciting thing going on at the UUA, and one useful tool.



One and One

One Thing Going On



Bridging Into UU Young Adulthood

A Bridge into UU Young Adulthood is now easier than ever to build for Unitarian Universalist youth, their families, and their congregations. A new book from Tapestry of Faith, [*Bridging: Handbook for Congregations*](#), provides templates for a year-long program and a ceremony marking the transition from youth to young adulthood. Written by Gail Forsyth-Vail, Adult Programs Director, and Jessica York, Youth Programs Director, in the UUA Ministries and Faith Development staff group, the handbook enhances existing UUA programs that help young adult UUs nurture their ties to our faith as they transition to college, new jobs, or new living situations, near to or far from home. For example, youth can sign up online for [The Bridge Connections Program](#) to identify and connect with UU communities, including campus groups. [See more Bridging resources for youth, families, and congregations online.](#)

One Useful Tool

VolunteerSpot

The Rev. Renee Ruchotzke, Leadership Development Consultant in the Central East Regional Group of the UUA, notes that First UU Albany is successfully using the free web-based tool [VolunteerSpot](#) to organize their volunteers. It has virtual sign-up sheets and sends out email reminders.

VolunteerSpot's free volunteer scheduling software lets organizers quickly set up volunteer needs in an online calendar and invite volunteers to sign up from their computer or smart phone. Use it for anything including service projects, social events, fundraisers, community retreats, and more. Automatic reminders help volunteers keep their commitments, and easy online calendar editing, reporting, and messaging saves organizers more time and energy so they can do more good!